

Session 1

# What is Christianity?



## Mark 1:1

<sup>1</sup>The beginning of the gospel about Jesus Christ, the Son of God.

## Mark 1:9–11

<sup>9</sup>At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. <sup>10</sup>As Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. <sup>11</sup>And a voice came from heaven: “You are my Son, whom I love; with you I am well pleased.”

# Who is Jesus?



## Mark 2:1–12

<sup>1</sup>A few days later, when Jesus again entered Capernaum, the people heard that he had come home. <sup>2</sup>So many gathered that there was no room left, not even outside the door, and he preached the word to them. <sup>3</sup>Some men came, bringing to him a paralytic, carried by four of them. <sup>4</sup>Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus and, after digging through it, lowered the mat the paralyzed man was lying on. <sup>5</sup>When Jesus saw their faith, he said to the paralytic, “Son, your sins are forgiven.”

<sup>6</sup>Now some teachers of the law were sitting there, thinking to themselves, <sup>7</sup>“Why does this fellow talk like that? He’s blaspheming! Who can forgive sins but God alone?”

<sup>8</sup>Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, “Why are you thinking these things? <sup>9</sup>Which is easier: to say to the paralytic, ‘Your sins are forgiven,’ or to say, ‘Get up, take your mat and walk’? <sup>10</sup>But that you may know that the Son of Man has authority on earth to forgive sins...” He said to the paralytic, <sup>11</sup>“I tell you, get up, take your mat and go home.” <sup>12</sup>He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, “We have never seen anything like this!”

# Why did Jesus come?



## Mark 12:28–30

<sup>28</sup>One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, “Of all the commandments, which is the most important?”

<sup>29</sup>“The most important one,” answered Jesus, “is this: ‘Hear, O Israel, the Lord our God, the Lord is one. <sup>30</sup>Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’”

## Mark 7:20–23

<sup>20</sup>He went on: “What comes out of a man is what makes him ‘unclean.’ <sup>21</sup>For from within, out of men’s hearts, come evil thoughts, sexual immorality, theft, murder, adultery, <sup>22</sup>greed, malice, deceit, lewdness, envy, slander, arrogance and folly. <sup>23</sup>All these evils come from inside and make a man ‘unclean.’”

## Mark 9:43–47

<sup>43</sup>If your hand causes you to sin, cut it off. It is better for you to enter life maimed than with two hands to go into hell, where the fire never goes out. <sup>45</sup>And if your foot causes you to sin, cut it off. It is better for you to enter life crippled than to have two feet and be thrown into hell. <sup>47</sup>And if your eye causes you to sin, pluck it out. It is better for you to enter the kingdom of God with one eye than to have two eyes and be thrown into hell.

# Why did Jesus die?



## Mark 15:33–39

<sup>33</sup>At the sixth hour darkness came over the whole land until the ninth hour. <sup>34</sup>And at the ninth hour Jesus cried out in a loud voice, “Eloi, Eloi, lama sabachthani?”—which means, “My God, my God, why have you forsaken me?”

<sup>35</sup>When some of those standing near heard this, they said, “Listen, he’s calling Elijah.”

<sup>36</sup>One man ran, filled a sponge with wine vinegar, put it on a stick, and offered it to Jesus to drink. “Now leave him alone. Let’s see if Elijah comes to take him down,” he said.

<sup>37</sup>With a loud cry, Jesus breathed his last.

<sup>38</sup>The curtain of the temple was torn in two from top to bottom. <sup>39</sup>And when the centurion, who stood there in front of Jesus, heard his cry and saw how he died, he said, “Surely this man was the Son of God!”

## Mark 10:45

<sup>45</sup>“For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.”

# Why did Jesus rise from the dead?



## Mark 15:42–47

<sup>42</sup>It was Preparation Day (that is, the day before the Sabbath). So as evening approached, <sup>43</sup>Joseph of Arimathea, a prominent member of the Council, who was himself waiting for the kingdom of God, went boldly to Pilate and asked for Jesus' body. <sup>44</sup>Pilate was surprised to hear that he was already dead. Summoning the centurion, he asked him if Jesus had already died. <sup>45</sup>When he learned from the centurion that it was so, he gave the body to Joseph. <sup>46</sup>So Joseph bought some linen cloth, took down the body, wrapped it in the linen, and placed it in a tomb cut out of rock. Then he rolled a stone against the entrance of the tomb. <sup>47</sup>Mary Magdalene and Mary the mother of Joseph saw where he was laid.

## Mark 16:1–8

<sup>1</sup>When the Sabbath was over, Mary Magdalene, Mary the mother of James, and Salome bought spices so that they might go to anoint Jesus' body. <sup>2</sup>Very early on the first day of the week, just after sunrise, they were on their way to the tomb <sup>3</sup>and they asked each other, "Who will roll the stone away from the entrance of the tomb?"

<sup>4</sup>But when they looked up, they saw that the stone, which was very large, had been rolled away. <sup>5</sup>As they entered the tomb, they saw a young man dressed in a white robe sitting on the right side, and they were alarmed.

<sup>6</sup>"Don't be alarmed," he said. "You are looking for Jesus the Nazarene, who was crucified. He has risen! He is not here. See the place where they laid him. <sup>7</sup>But go, tell his disciples and Peter, 'He is going ahead of you into Galilee. There you will see him, just as he told you.'"

<sup>8</sup>Trembling and bewildered, the women went out and fled from the tomb. They said nothing to anyone, because they were afraid.

## How can God accept us? (Sheet 1)



### Mark 10:17–22

<sup>17</sup>As Jesus started on his way, a man ran up to him and fell on his knees before him. “Good teacher,” he asked, “what must I do to inherit eternal life?”

<sup>18</sup>“Why do you call me good?” Jesus answered. “No one is good—except God alone. <sup>19</sup>You know the commandments: ‘Do not murder, do not commit adultery, do not steal, do not give false testimony, do not defraud, honor your father and mother.’”

<sup>20</sup>“Teacher,” he declared, “all these I have kept since I was a boy.”

<sup>21</sup>Jesus looked at him and loved him. “One thing you lack,” he said. “Go, sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me.”

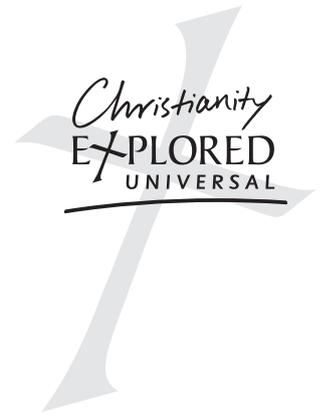
<sup>22</sup>At this the man’s face fell. He went away sad, because he had great wealth.

### Mark 12:28–30

<sup>28</sup>One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, “Of all the commandments, which is the most important?”

<sup>29</sup>“The most important one,” answered Jesus, “is this: ‘Hear, O Israel, the Lord our God, the Lord is one. <sup>30</sup>Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’”

## How can God accept us? (Sheet 2)



### Mark 10:13–16

<sup>13</sup>People were bringing little children to Jesus to have him touch them, but the disciples rebuked them. <sup>14</sup>When Jesus saw this, he was indignant. He said to them, “Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. <sup>15</sup>I tell you the truth, anyone who will not receive the kingdom of God like a little child will never enter it.” <sup>16</sup>And he took the children in his arms, put his hands on them and blessed them.

# What does it mean to follow Jesus?



## Mark 8:27–38

<sup>27</sup>Jesus and his disciples went on to the villages around Caesarea Philippi. On the way he asked them, “Who do people say I am?”

<sup>28</sup>They replied, “Some say John the Baptist; others say Elijah; and still others, one of the prophets.”

<sup>29</sup>“But what about you?” he asked. “Who do you say I am?” Peter answered, “You are the Christ.”

<sup>30</sup>Jesus warned them not to tell anyone about him.

## Jesus Predicts His Death

<sup>31</sup>He then began to teach them that the Son of Man must suffer many things and be rejected by the elders, chief priests and teachers of the law, and that he must be killed and after three days rise again.

<sup>32</sup>He spoke plainly about this, and Peter took him aside and began to rebuke him.

<sup>33</sup>But when Jesus turned and looked at his disciples, he rebuked Peter. “Get behind me, Satan!” he said. “You do not have in mind the things of God, but the things of men.”

<sup>34</sup>Then he called the crowd to him along with his disciples and said: “If anyone would come after me, he must deny himself and take up his cross and follow me. <sup>35</sup>For whoever wants to save his life will lose it, but whoever loses his life for me and for the gospel will save it. <sup>36</sup>What good is it for a man to gain the whole world, yet forfeit his soul? <sup>37</sup>Or what can a man give in exchange for his soul? <sup>38</sup>If anyone is ashamed of me and my words in this adulterous and sinful generation, the Son of Man will be ashamed of him when he comes in his Father’s glory with the holy angels.”

## What next?



### Mark 4:1–9

<sup>1</sup>Again Jesus began to teach by the lake. The crowd that gathered around him was so large that he got into a boat and sat in it out on the lake, while all the people were along the shore at the water's edge. <sup>2</sup>He taught them many things by parables, and in his teaching said: <sup>3</sup>"Listen! A farmer went out to sow his seed. <sup>4</sup>As he was scattering the seed, some fell along the path, and the birds came and ate it up. <sup>5</sup>Some fell on rocky places, where it did not have much soil. It sprang up quickly, because the soil was shallow. <sup>6</sup>But when the sun came up, the plants were scorched, and they withered because they had no root. <sup>7</sup>Other seed fell among thorns, which grew up and choked the plants, so that they did not bear grain. <sup>8</sup>Still other seed fell on good soil. It came up, grew and produced a crop, multiplying thirty, sixty, or even a hundred times."

<sup>9</sup>Then Jesus said, "He who has ears to hear, let him hear."

### Mark 4:13–20

<sup>13</sup>Then Jesus said to them, "Don't you understand this parable? How then will you understand any parable? <sup>14</sup>The farmer sows the word. <sup>15</sup>Some people are like seed along the path, where the word is sown. As soon as they hear it, Satan comes and takes away the word that was sown in them. <sup>16</sup>Others, like seed sown on rocky places, hear the word and at once receive it with joy. <sup>17</sup>But since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away. <sup>18</sup>Still others, like seed sown among thorns, hear the word; <sup>19</sup>but the worries of this life, the deceitfulness of wealth and the desires for other things come in and choke the word, making it unfruitful. <sup>20</sup>Others, like seed sown on good soil, hear the word, accept it, and produce a crop—thirty, sixty or even a hundred times what was sown."