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 [thegoodbook.com](https://www.thegoodbook.com)

 [amazon.com](https://www.amazon.com)

“Graham and Jonny do a great job of encouraging us back to a foundation of knowing the treasure of Christ and who we are in him. May this bring you restored freedom to play your sport to the best of the abilities God has given you—for his glory and your delight.”

**Debbie Flood**

“Sports are an amazing gift from God, but, just like any good gift, they can become an idol in the hearts of sinners. Graham and Jonny do an excellent job of praising the gift while encouraging the reader to do some deep heart searching. Any athlete, parent, or coach would do well to read this.”

**John Perritt**

# Spiritual Game Plan

## Competing with Joy and Godliness

Millions of us love sport: playing, supporting watching. But have you ever thought about how your love for sport connects with your love for Jesus?

Some of us feel a bit guilty for loving sport so much, especially when there are so many other ways in which we could be using our time to serve God. Others see it simply as a great way to share the gospel (while having fun). And many of us have never really thought about it at all!

This book will show you what the Bible says. You'll discover a more liberating approach than feeling a bit guilty, a deeper approach than seeing sport as only an evangelistic opportunity, and a better approach than not linking your faith and your love of sport at all.

Starting with asking why God created sport in the first place, *Spiritual Game Plan* explores how the gospel impacts and transforms the way we think and play. You'll discover how to enjoy your sport even more as you let God shape your perspective; and see how he can use your sport to grow and shape you as his follower.

Includes lots of stories from sportspeople from elite to everyday, as well as chapters for specific areas of sporting life, such as sport on Sundays. In addition to teaching for players, there is advice for parents, coaches and fans.

## About the Authors



Dr Graham Daniels is General Director of Christians in Sport. A

former professional footballer, he also serves as a director of Cambridge United Football Club. Graham is on the staff of StSt. Andrews the Great Church, Cambridge, UK, and is the author of several books. He is a sought-after conference and event speaker.



Jonny Reid co-leads Town Church Bicester and is Director of

Engagement at Oak Hill College. He worked for Christians in Sport for 13 years, helping sportspeople connect their sport and faith. He is married to Caroline and they have two children.

# Suggested Interview Questions

1. How does your approach to the connection between Christians and sport differ from the three common approaches you mention in the book?
2. How does sport tie into the original creation mandate?
3. What are four diagnostic questions we can ask ourselves to tell if sport is becoming an idol to us?
4. What are three main ways we can bring glory to God in our sport?
5. If we are secure in our identity in Christ, how does that change the way we compete?
6. Why do you encourage Christian athletes to ask themselves the question, What is good for other people?
7. Can you explain the phrase pray, play and say, together as the Biblical tactic for Christians to make disciples in the world of sport?
8. How is being a sport fan a type of signpost from God?
9. How can parents of athletes help their children place their favorite sport in its right place?
10. What are some tips for navigating how to think about playing sport on Sunday?
11. What are some dangers to avoid and tips to encourage Christian coaches?