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 [thegoodbook.com](https://www.thegoodbook.com)

 [amazon.com](https://www.amazon.com)

“I would highly recommend this book to those looking for encouragement along their athletic journey, those looking to find the words to encourage a friend or training partner, and those wanting to connect their faith to their sports.”

Christian Taylor

Two-Time Olympic Gold Medalist

“A spectacularly well-rounded book on faith and sports: grounded in creation, centered on the gospel, and aimed at practical discipleship. Daniels and Reid have written a thoughtful and accessible book that will inspire many to play for the glory of God.”

Jeremy Treat

Pastor for Preaching & Vision, Reality LA

Spiritual Game Plan

Competing with Joy and Godliness

Millions of us love sports—playing, supporting, watching. But have you ever thought about how your love for sports connects with your love for Jesus?

Some of us feel a bit guilty for loving sports so much, especially when there are so many other ways in which we could be using our time to serve God. Others see it simply as a great way to share the gospel (while having fun). And many of us have never really thought about it at all!

This book will show you what the Bible says. You’ll discover a more liberating approach than feeling a bit guilty, a deeper approach than seeing sports as only an evangelistic opportunity, and a better approach than not linking your faith and your love of sports at all.

Starting with asking why God created sports in the first place, *Spiritual Game Plan* explores how the gospel impacts and transforms the way we think and play. You’ll discover how to enjoy sports even more as you let God shape your perspective, and you’ll see how he can use your sports to grow and shape you as his follower.

Includes lots of stories from elite to everyday athletes, as well as chapters on specific topics such as sports on Sundays. In addition to teaching for athletes, there is advice for parents, coaches, and fans.

About the Authors



Dr Graham Daniels is General Director of Christians in Sport. A

former professional footballer, he also serves as a director of Cambridge United Football Club. Graham is on the staff of StSt. Andrews the Great Church, Cambridge, UK, and is the author of several books. He is a sought-after conference and event speaker.



Jonny Reid co-leads Town Church Bicester and is Director of

Engagement at Oak Hill College. He worked for Christians in Sport for 13 years, helping sportspeople connect their sport and faith. He is married to Caroline and they have two children.

Suggested Interview Questions

1. How does your approach to the connection between Christians and sports differ from the three common approaches you mention in the book?
2. How do sports tie into the original creation mandate?
3. What are four diagnostic questions we can ask ourselves to tell if sports are becoming an idol to us?
4. What are three main ways we can bring glory to God in our sports activities?
5. If we are secure in our identity in Christ, how does that change the way we compete?
6. Why do you encourage Christian athletes to ask themselves the question, What is good for other people?
7. Can you explain the phrase pray, play and say, together as the Biblical tactic for Christians to make disciples in the world of sports?
8. How is being a sports fan a type of signpost from God?
9. How can parents of athletes help their children place their favorite sport in its right place?
10. What are some tips for navigating how to think about playing sports on Sunday?
11. What are some dangers to avoid and tips to encourage Christian coaches?