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“Morphew has a knack for opening the Scripture with straightforward and biblically faithful warmth, engaging rather than patronizing the teenage reader. He does not shy away from hard truths about God’s word or about our world. The happy result is a theological resource for teenagers that they (and the adults who love them) can trust.”

**Anna Meade Harris**

“The culmination of decades of teaching teens, this short book paints a clear vision of Christianity that’s not only true but good—and absolutely Worth It.”

**Champ Thornton**

# Worth It

## Following Jesus When Life Feels Complicated

**B**eing a teenager has always been complicated. And these days, it’s even more so; mental-health struggles, social upheaval, climate issues, the rise of AI, wars, and political polarization all add to the sense of uncertainty.

In the midst of all that, can Jesus really make a positive difference in your life? What about when being a Christian puts you at odds with the values of your friends and with society in general? Is following Jesus worth it?

Chris Morphew wants to show you why it absolutely is. However good you think the good news of Jesus is, it’s better. If you stick with him, he’ll help you navigate all the challenges of our uncertain world in a way that nothing and no one else can. Discover how to follow Jesus in a way that genuinely impacts every area of your life for the better—and the lives of the people you know and love.

## About the Author

Chris Morpew is an author, teacher, and school chaplain living in Sydney, Australia. He's the author of the Big Questions series, as well as over 20 novels for children and youth, including his six-book young-adult series The Phoenix Files. Chris enjoys Mario Kart, obscure board games, and superhero movies. He has been told he looks like Chris Hemsworth from the back.



# Suggested Interview Questions

1. You mention that “it’s a pretty rough time to be a young person.” Why do think that’s the case?
2. Why is the truth that our teens are loved the most important discovery they can make?
3. How can God’s judgment give our teens hope in the midst of a world of brokenness and suffering?
4. Why is it crucial for teens to understand their fundamental identity as made in the image of God in contrast to sinner?
5. How can we encourage teens to be courageous in a disapproving culture?
6. What are the three things teens need to know to keep trusting and following Jesus?
7. What are five questions teens can ask when they read sections of the Bible that confuse them?
8. How can studying Jesus’ set of habits while he lived on earth help our teens establish healthy habits that foster their Christian growth?
9. When our teens struggle to understand God’s plan in the midst of suffering, how can we help them process their fear, doubt, disappointment, and frustration with God?
10. How can we create a culture in our homes that is a safe place for our teens to keep leaning in to faith and asking their questions?